



Informed Consent for Chemical Peels

Name: _____

Skin Conditions: (Please circle all that apply)

- Fine Lines/Wrinkles
 - Rosacea/Sensitive Skin
 - Deep Wrinkles
- Dehydration/Dry Skin
 - Teen Acne or Adult Acne
 - Acne Scars
 - Oily skin
- Deep Hyperpigmentation (sun or brown spots)

Precautions: (Please read carefully)

The Treatment you will receive is a low level chemical peel designed to exfoliate or remove the outer layers of the skin.

No Guarantee is expressed or implied as to the precise results, peeling times, or discomfort.

During the Treatment, you may experience some temporary stinging or warm flushing. This will fade within a few minutes. During the next few hours, you may experience some tightening of the skin, which may last several days.

Checklist: (Please read carefully and initial)

- _____ I am not pregnant
 - _____ I am not allergic to aspirin
 - _____ I have not used Glycolic for 24 hours
 - _____ I have not used Retinal products in the past 72 hours
 - _____ I agree not to pick, peel, or scratch the skin during the healing phase
 - _____ I agree not to use Retin-A products for 5 days Pre/Post Treatments
 - _____ I am not or have not taken any medications that are contraindicated to receiving a chemical peel. i.e. ACCUTANE (in the past year), antibiotics
 - _____ I agree to apply Sunscreen of at least SPF 15 whenever outdoors and re-apply frequently
 - _____ I have not used prescriptive topicals (Retin-A), abrasive scrubs or strong exfoliants 3-5 days before and post treatments
 - _____ I agree to no prolonged sun exposure 2 weeks prior to or 2 weeks post treatments
- _____ I agree that I currently do not use Hydrocortisone
 - _____ I do not have active cold sores
 - _____ I have not received radiation treatments
 - _____ I agree to notify Namaste of any concerns
 - _____ I will not wax my face with 48 hours before or after treatment

If you experience more than anticipated results of dry, sensitive, or raw skin please do not use any anti-aging or skin care/makeup products that may irritate the skin. Examples: Retinal, Vitamin C, AHA Acid Products for up to a week after treatment. We highly suggest Aquaphor Healing Ointment to treat dry, sensitive, or raw skin. If you need any further assistance, please feel free to contact Namaste and talk to your skin care therapist.

I have answered the Skin Care History Questionnaire to the best of my ability. My skin care therapist has answered any and all questions regarding my peel process, pre- and post- care. I certify that I have read and understand ALL of the above unpredictable and unforeseen results that may occur by administration of a chemical peel.

Client Signature: _____ Date: _____

Client Printed Name: _____ Date: _____

I certify that I have discussed ALL of the above with the client and I have offered to answer any questions regarding the peel.

Esthetician Signature: _____ Date: _____